



# Digital Discipleship

## **Tips for Parents Navigating Technology/Digital Resources/Social Media**

- The Alpha generation was born digitally \_\_\_\_\_.
- We should try to integrate \_\_\_\_\_ in everything that we do.
- Discipleship begins in the \_\_\_\_\_.

## **The Importance of a Spiritual Foundation**

- Proverbs 22:6
- Philippians 4:8
- Parents should integrate faith into every \_\_\_\_\_ they make and into every \_\_\_\_\_ they have.

## **Understanding Technology and its Challenges**

- Children have a plethora of digital draws, constantly \_\_\_\_\_ them in.
- Parents should be vigilant about \_\_\_\_\_ ads that often contain inappropriate content.
- When parents allow kids to venture on their own with no guidance or protection, they are \_\_\_\_\_ to things that are designed to attract them.

## **Additional Notes**

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## **Most Popular Social Media Apps Among Gen Z and Gen Alpha**

- Instagram
  - Popular with \_\_\_\_\_
  - Photo sharing platform
  - Users share memes and videos as well
- YouTube
  - \_\_\_\_\_ sharing platform
  - Videos range in length
- SnapChat
  - Messaging platform
- TikTok
  - Short video clips
  - Can lead to shorter \_\_\_\_\_ spans but also helps parents realize the importance of teaching kids in bite-sized chunks

## **Social Media/App/Game Usage**

- Algorithms track what content is being consumed and continues to \_\_\_\_\_ similar content to the user.
- Social media apps and games have both positive and \_\_\_\_\_ effects.
- There are negative mental and \_\_\_\_\_ impacts of social media, apps, and games.
- Parents should give kids enough time to disconnect from using technology and, when they use it, to use it in a \_\_\_\_\_ way.
- There are sufficient tools to \_\_\_\_\_ parents monitor their child's social media usage:
  - Bark
  - Qustodio
  - Covenant Eyes/Protect Young Eyes

## **Additional Notes**

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## **Practical Tips for Managing Technology**

- Establish family technology \_\_\_\_\_
- Use parental \_\_\_\_\_

## **Implementing Online Safety & Healthy Digital Habits**

- Protecting their \_\_\_\_\_ online
- Age-appropriate \_\_\_\_\_
- Promote \_\_\_\_\_
- Set \_\_\_\_\_ limits
- Tech \_\_\_\_\_ days
- Digital \_\_\_\_\_

## **Implementing Faith-Based Digital Tools**

- Faith-based \_\_\_\_\_
- Create tech-based \_\_\_\_\_ practices.

## **Developing a Family Technology Covenant**

- Create a family \_\_\_\_\_ agreement.
- Rules without relationship leads to \_\_\_\_\_.
- Include accountability and \_\_\_\_\_.

## **Incorporating Prayer into Technology Decisions**

- Prayer for \_\_\_\_\_.
- Prayer for \_\_\_\_\_.

## **Additional Notes**

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